Female Sexual Dysfunction and the Pelvic Floor

22 May 2015
Overview:
This meeting aims to update delegates on current issues and clinical practice regarding female sexual function and to evaluate definitions of female sexual dysfunction (FSD) with respect to pelvic floor dysfunction. Approaching these issues with a holistic approach, physical, psychological, and pharmacological therapies will be reviewed. Problems in relation to childbirth, pelvic floor interventions and male sexual dysfunction will also be discussed. The varied programme includes renowned speakers and will stimulate thought and discussion.

Who Should Attend?
• Consultants and trainees in obstetrics and gynaecology
• Consultants and trainees in female urology
• Psychosexual counsellors
• Nurses and Physiotherapists with an interest in this field
• Associate specialists
• Staff Doctors/Trust Doctors

After completing this course, you will be able to:
• Obtain familiarity with presentation, prevalence and classification of female sexual problems
• Assess the impact of common gynaecological problems on female sexual function
• Gain confidence in initial management of female sexual problems, including how to discuss them
• Obtain knowledge of the basic tenets of psychological approaches to female sexual problems
• Organise multispeciality and multiprofessional working for the holistic care of women with sexual problems
• Claim up to 6 CPD credits for full attendance at this meeting

Course Organiser:
Miss Claudine Domoney MRCOG, London

Chair BSUG Meetings Committee:
Mr Jason Cooper FRCOG, North Staffordshire

Honorary Director of Conferences:
Miss Ranee Thakar MD MRCOG, London

Honorary Deputy Director of Conferences:
Mr Nick Panay MRCOG, London
Friday 22 May

8.45am  REGISTRATION and REFRESHMENTS

9.15am  Welcome and introduction  
Miss Claudine Domoney, Consultant Obstetrician and Gynaecologist, Chelsea and Westminster Hospital, London; Member, Institute of Psychosexual Medicine

Session I: Back to basics, pelvic floor dysfunction  
Chair: Miss Claudine Domoney

9.25am  Female sexual dysfunction: How does pelvic floor dysfunction impact female sexuality?  
Miss Swati Jha, Consultant, Obstetrician and Gynaecologist; Subspecialist in Urogynaecology, Sheffield Teaching Hospitals

10.00am  How to assess pelvic floor and sexual dysfunction  
Dr Annette Kuhn, Urogynaecologist, Frauenklinik, Bern, Switzerland

10.30am  The silent patient - the male partner  
Mr David J Ralph, Consultant Urologist, St Peters Andrology Centre; Institute of Urology, University College London Hospitals

11.00am  REFRESHMENTS

Session II: Female sexual dysfunction and the obstetrician  
Chair:TBC

11.30am  Tokophobia: NICE vs CCGs. How can the clinician help the pregnant woman?  
Dr Leila Frodsham, Consultant Obstetrician and Gynaecologist, Department of Obstetrics and Gynaecology, Maidstone and Tunbridge Wells NHS Trust; Psychosexual Medicine Lead Consultant, Guys and St Thomas’

12.00pm  Sex after childbirth  
Miss Ranee Thakar, Consultant Urogynaecologist, Croydon University Hospital

12.30pm  The women’s health physiotherapist role in management of childbirth injury and its sequelae  
Ms Maeve Whelan, Specialist Chartered Physiotherapist, Milltown Physiotherapy, Dublin

1.00pm  LUNCH (2 course standing fork lunch)
Session III: Sexual pain
Chair: Mr Ash Monga, Consultant Urogynaecologist, Princess Anne Hospital, Southampton; Chair, BSUG

2.00pm Vulval pain disorders
Mr David Nunns, Consultant Gynaecologist, Nottingham University Hospitals

2.30pm Chronic bladder pain syndrome
Dr Sohier Elneil, Consultant in Urogynaecology and Uro-neurology, University College London NHS Foundation Trust; National Hospital for Neurology and Neurosurgery, London

3.00pm Sex and management of hypertonic pelvic floor disorders
Mr Vikram Khullar, Consultant Urogynaecologist, Imperial College London

3.30pm REFRESHMENTS

Session IV: Interventions and therapies
Chair: Mr Jason Cooper, Consultant Gynaecologist, University Hospital of North Staffordshire NHS Trust

4.00pm The role of psychosexual medicine in urogynaecology
Miss Claudine Domoney

4.20pm Hormone therapy: Systemic or local?
Mr Tim Hillard, Consultant Obstetrician and Gynaecologist; Clinical Lead for Gynaecology, Poole Hospital NHS Foundation Trust

4.50pm Debate: The use of mesh in urogynaecology is an advance that will improve long term outcomes including sexual function
For: Mr Mark Slack, Consultant Urogynaecologist, Addenbrooke’s Hospital, Cambridge
Against: Mr Ash Monga

5.30pm CLOSE

Sponsorship and Exhibition:
From sponsorship of the meeting, to exhibition stands and delegate pack inserts, there are plenty of ways to promote your product or service at this event. For more information and to discuss the packages available please contact:
Ursula Samson Tel: +44 (0) 20 7772 6460 Email: usamson@rocg.org.uk
Venue

**Venue:** RCOG, 27 Sussex Place, Regent’s Park, London NW1 4RG.
**Tel:** 020 7772 6200 Fax: 020 7772 6388
**Train:** Marylebone Station - 10 minute walk
**Underground:** Baker Street - 10 minute walk
**Parking:** Regent's Park Outer Circle (pay and display), NCP on corner of Park Road and Rossmore Road, Tel: 0870 242 7144 for further information

Fee and payment

Fees must be paid in full before or on the morning of the first day of the meeting. The RCOG reserves the right to refuse admission in the event of non-payment. The fee includes refreshments, lunch, admission to the lectures and any technical exhibitions. You are not guaranteed a place until you receive confirmation. If you have not received confirmation of your place before the start of the event, please telephone the Conference Office on +44 20 7772 6245.

Cancellations

Cancellations must be received in writing by **Friday 8 May 2015** and be accompanied by a copy of your confirmation letter and receipt. An administrative charge of £25 will be made on all cancellations received before or on the above date. We regret the College cannot refund fees after this date. Cancellations will be processed after the conference. Substitutions are welcome at any time. In the unlikely event the course is cancelled by the RCOG, we regret we are unable to refund any travel and/or accommodation costs that have already been incurred by the delegate, or any administration charges relating to cancellation of travel tickets or accommodation.

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